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PSYCHOTHERAPY
PSY 482 Ecampus
4 Credits

For more information, contact: SCHOOL OF PSYCHOLOGICAL SCIENCE OFFICE, REED LODGE, 541-737-2311

Required Text:


Cengage Learning. MUST BUY THE COURSEMATE OPTION (See this at the bookstore)

NOTE: For textbook accuracy, please always check the textbook list at the OSU Bookstore website. Sample syllabi may not have the most up-to-date information.

Course Description
Survey of the theory, techniques and research on the major contemporary systems of psychotherapy. PREREQS: PSY 370 or PSY 380 or PSY 381 or PSY 481

This course combines approximately 120 hours of instruction, online activities, and assignments for 4 credits.

Canvas — This course will be delivered via Canvas, your online learning community, where you will interact with your classmates and with me. Within the course Canvas site you will access the learning materials, tutorials, and syllabus; discuss issues; submit assignments; take quizzes; email other students and the instructor; and participate in online activities.

Course Content
This course is designed to provide students with an understanding of the major historical and contemporary systems of psychotherapy, including their theoretical foundations, empirical/research support, and practical techniques.

Student learning outcomes
By the end of the course, students should be able to:

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1. Demonstrate knowledge of psychotherapy theories and recognize key terms in two midterms which includes application problems.

2. Apply concepts in psychotherapy learned from readings to Case of Stan Videos through weekly case reports.

3. Discuss the differences, similarities and application of psychotherapy theories through discussion board participation.

4. Connect concepts and theories to real world issues and events through applying reading material to online discussions.

Evaluation of student performance

Proctored Exams:
For proctored examinations, your testing session must be supervised by an approved proctor; photo identification is required at the time of the test. It will be your responsibility to arrange for a proctor; you must then submit the proctor information to me for acceptance and approval. For information on acceptable proctors and proctor guidelines, see http://ecampus.oregonstate.edu/services/proctoring/default.htm. The proctor request form is located at http://ecampus.oregonstate.edu/forms/examrequest.aspx. If you have problems, please email Ecampus Testing or call during business hours: 800-667-1465 or 541-737-9204.

➢ You must set up your proctor 2-3 weeks in advance - and must communicate with testing services at OSU.
➢ You will have 1 hour 50 minutes to complete the exam within the exam window.
➢ The proctor will insert the password (given them by OSU testing) and monitor you to be sure that you do not use books, notes or any materials.
➢ There are now two options for proctoring: on site (within your local area) and web cam proctoring.

Midterm #1: This covers all material from Weeks 1-4, is 50 questions and set up in a multiple choice format. You have 110 minutes to complete it.

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You will need to make arrangements for exam proctoring, please set this up as soon as you are able to.

Midterm #2: This covers all material from Weeks 6-10, is 50 questions and set up in a multiple choice format. You have 110 minutes to complete it. You will need to make arrangements for exam proctoring, please set this up as soon as you are able to.

Presentation
Book Review
Choose a book that focuses on a counseling theory/technique and present this in a PP Presentation during Week Ten.
Include the following:

- Book Title, Author, Date, pages
- The background of the author
- The audience the book is intended for and why
- The counseling theory it connects to from your text and why
- Select a minimum of three main points from the book
  - For each main point describe what it is and why you consider it a main point in the book
- Summary of the book
- Whether you recommend the book and why/why not
- Optional: Anything additional you want to say about the book
- 10-15 slides (not including your title and reference(s) slides
- Use the speaker notes section to describe your slides (or the audio option on PP)
- Use a Title and Reference(s) slide
- Use design elements as this is not a paper

Participation
For your contributions to the DISCUSSION BOARD. You will be rated on both the frequency, and the quality of your contributions. You must make at least 1 post by mid week defined as Wed 11:59pm and all others by Sunday 11:59pm. These deadlines are put in place to make sure discussions are taking place during the week, but also allows you to finish up work on the weekends depending on your schedule. You need to post more than “I agree” to be counted as one of the minimum post requirements. Generally

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more than 2-3 sentences are needed to count as a substantive post. Each week you need to answer both of the Discussion Questions and post one response to another student to both Discussion Questions. This is how you meet the 4 posts per week. If you miss deadlines, quantity or quality you will lose points for that week. No participation takes place during week five or week eleven.

Case of Stan Video & Questions
You will be watching videos on “The Case of Stan” through the publisher provided Coursemate resource. Watch the entire chapter video and answer each question. Your questions should be complete sentences and be at least 50 word count for each question and show thoughtful reflection and when appropriate referencing the text. These are due by Sunday 11:59pm each week. Chapters that require the Case of Stan Video and Questions are as follows: 1, 4 – 13, 15.

Communication
I generally check my email on a daily basis, so most of the time you will get a response within 24 hours. There are times when I could be offline for 48 hours, so this would be the longest time frame in which you would need to wait for a response. Please plan for this, and do not leave your questions to the last minute.

Grading

<p>| | |</p>
<table>
<thead>
<tr>
<th></th>
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</thead>
<tbody>
<tr>
<td>Mid term #1</td>
<td>50pts</td>
</tr>
<tr>
<td>Mid term #2</td>
<td>50pts</td>
</tr>
<tr>
<td>Book Presentation</td>
<td>25pts</td>
</tr>
<tr>
<td>Video Questions</td>
<td>24pts</td>
</tr>
<tr>
<td>Participation</td>
<td>18pts</td>
</tr>
<tr>
<td>Total</td>
<td>167 pts</td>
</tr>
</tbody>
</table>

Grades will be continually available via the gradebook feature of Canvas. It is your responsibility to monitor and ensure that your grade is correctly recorded. Every point counts, because percentages are not rounded up. Final course grades are determined as follows:

<table>
<thead>
<tr>
<th>Grade</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>A</td>
<td>93%-100%</td>
</tr>
<tr>
<td>A-</td>
<td>90%-92.99%</td>
</tr>
</tbody>
</table>

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<table>
<thead>
<tr>
<th>Grade</th>
<th>Percentage Range</th>
</tr>
</thead>
<tbody>
<tr>
<td>B+</td>
<td>87%-89.99%</td>
</tr>
<tr>
<td>B</td>
<td>83%-86.99%</td>
</tr>
<tr>
<td>B-</td>
<td>80%-82.99%</td>
</tr>
<tr>
<td>C+</td>
<td>77%-79.99%</td>
</tr>
<tr>
<td>C</td>
<td>73%-76.99%</td>
</tr>
<tr>
<td>C-</td>
<td>70%-72.99%</td>
</tr>
<tr>
<td>D+</td>
<td>67%-69.99%</td>
</tr>
<tr>
<td>D</td>
<td>63%-66.99%</td>
</tr>
<tr>
<td>D-</td>
<td>60%-62.99%</td>
</tr>
<tr>
<td>F</td>
<td>59% and lower</td>
</tr>
</tbody>
</table>

Incompletes: Will not be given except in truly extreme cases which almost never occur, and always result in one grade lower.

Disabilities: Accommodations are collaborative efforts between students, faculty and Disability Access Services (DAS). Students with accommodations approved through DAS are responsible for contacting the faculty member in charge of the course prior to or during the first week of the term to discuss accommodations. Students who believe they are eligible for accommodations but who have not yet obtained approval through DAS should contact DAS immediately at 737-4098.

Expectations for Student Conduct
For information on cheating and other issues, go here: http://oregonstate.edu/admin/stucon/achon.htm
Any instances of academic dishonesty are punished very harshly to be fair to other students.

In an academic community, students and faculty, and staff each have responsibility for maintaining an appropriate learning environment, whether online or in the classroom. Students, faculty, and staff have the responsibility to treat each other with understanding, dignity and respect. Disruption of teaching, administration, research, and other institutional activities is prohibited by Oregon Administrative Rule 576-015-0015 (1) and (2) and is subject to sanctions under university policies, OSU Office of Student Conduct.

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- Academic Integrity — Students are expected to comply with all regulations pertaining to academic honesty, defined as: An intentional act of deception in which a student seeks to claim credit for the work or effort of another person or uses unauthorized materials or fabricated information in any academic work. For further information, visit Avoiding Academic Dishonesty, or contact the office of Student Conduct and Mediation at 541-737-3656.

- Conduct in this online classroom — Students are expected to conduct themselves in the course (e.g., on discussion boards, email postings) in compliance with the university's regulations regarding civility. Students will be expected to treat all others with the same respect as they would want afforded themselves. Disrespectful behavior to others (such as harassing behavior, personal insults, inappropriate language) or disruptive behaviors in the course (such as persistent and unreasonable demands for time and attention both in and out of the classroom) is unacceptable and can result in sanctions as defined by Oregon Administrative Rules Division 015 Student Conduct Regulations.

Communications:

Ground Rules for Online Communication & Participation:

- Online threaded discussions are public messages, and all writings in this area will be viewable by the entire class or assigned group members. If you prefer that only the instructor sees your communication, send it to me by email, and be sure to identify yourself and the class.

- Posting of personal contact information is discouraged (e.g. telephone numbers, address, personal website address).

- Online Instructor Response Policy: I will check email frequently and will respond to course-related questions within 24 hours.

- Observation of "Netiquette": All your online communications need to be composed with fairness, honesty and tact. Spelling and grammar are very important in an online course. What you put into an online course reflects on your level of professionalism. Here are a couple of references that discuss netiquette: http://www.albion.com/netiquette/corerules.html.

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- Please check the Announcements area and the course syllabus before you ask general course "housekeeping" questions (i.e. how do I submit assignment 3?). If you don't see your answer there, then please contact me.

- Guidelines for a productive and effective online classroom:
  - The discussion board is your space to interact with your colleagues related to current topics or responses to your colleague’s statements. It is expected that each student will participate in a mature and respectful fashion. Participate actively in the discussions, having completed the readings and thought about the issues. Pay close attention to what your classmates write in their online comments. Ask clarifying questions, when appropriate. These questions are meant to probe and shed new light, not to minimize or devalue comments. Think through and reread your comments before you post them. Assume the best of others in the class and expect the best from them. Value the diversity of the class. Recognize and value the experiences, abilities, and knowledge each person brings to class. Disagree with ideas, but do not make personal attacks. Do not demean or embarrass others. Do not make sexist, racist, homophobic, or victim-blaming comments at all. Be open to be challenged or confronted on your ideas or prejudices.

- OSU Student Evaluation of Teaching — Course evaluation results are extremely important and are used to help me improve this course and the learning experience of future students. Results from the 19 multiple choice questions are tabulated anonymously and go directly to instructors and department heads. Student comments on the open-ended questions are compiled and confidentially forwarded to each instructor, per OSU procedures. The online Student Evaluation of Teaching form will be available toward the end of each term, and you will be sent instructions by Ec Campus. You will login to “Student Online Services” to respond to the online questionnaire. The results on the form are anonymous and are not tabulated until after grades are posted.

REFUND POLICY INFORMATION
Please see the Ec Campus website for policy information on refunds and late fees.