NOTE to prospective students: This syllabus is intended to provide students who are considering taking this course an idea of what they will be learning. A more detailed syllabus will be available on the course site for enrolled students and may be more current than this sample syllabus. Summer term courses may be accelerated – please check the Ecampus Schedule of Classes for more information.

H 225
Social and Individual Health Determinants

COURSE CREDITS:
(4) This course combines approximately 120 hours of instruction, online activities, and assignments for 4 credits.

PREREQUISITES, CO-REQUISITES AND ENFORCED PREREQUISITES:
None.

COURSE DESCRIPTION FROM CATALOG
Overview of the macro (social/system/environmental) and micro (individual) contributors to premature disease, disability and population health. Selected behavioral theories supporting health risks and strategies for the prevention of premature disease/disability and the promotion of health. (Bacc. Core Course).

CONTACT INFORMATION:
Instructor name: Maddison Greaves
Instructor email: greavmad@onid.oregonstate.edu
Instructor phone: TBA

Sample syllabi may not have the most up-to-date information. For accuracy, please check the ECampus Schedule of Classes to see the most current instructor information. You can search for contact information by name from the OSU Home Page.
LEARNING RESOURCES:

Required Course Text:

Additional readings will be provided on Canvas.

NOTE: For textbook accuracy, please always check the textbook list at the OSU Bookstore website. Sample syllabi may not have the most up-to-date information.

Students can also click the ‘OSU Beaver Store’ link associated with the course information in the Ecampus schedule of classes for course textbook information and ordering.

COURSE SPECIFIC MEASURABLE STUDENT LEARNING OUTCOMES:

Course Competencies - Upon completion of this course, students will be able to:

1. Identify the historical and present-day leading causes of premature disease/illness, disability and death by age, sex and race in the U.S.

2. Explore the leading threats to population health and current individual and social/system strategies aimed at prevention/intervention.

3. Explain the role of micro (individual) factors (biology, lifestyle, attitudes, beliefs, etc.) in health status (morbidity, mortality and quality of life measures)

4. Explain the role of macro (social/environmental/system/policy,etc.) factors in health status (morbidity, mortality, and quality of life measures)

5. Analyze selected behavioral constructs/models and the influence of intrapersonal, interpersonal, and ecological factors on health decision-making, behavior change and health risk.

6. Critically evaluate sources of health information, major health data sources (NHANES, BRFSS, ACHA) and public health services/policies designed to promote health and prevent disease

Baccalaureate Core Learning Outcomes:

Perspectives: Social Processes and Institutions

1. Use theoretical frameworks to interpret the role of the individual within social process and Institutions

2. Analyze current social issues and place them in historical context(s)

3. Critique the nature, value, and limitations of the basic methods of the social sciences
PROGRAM COMPETENCIES IN PUBLIC HEALTH (BS):
Upon satisfactory completion of the degree in Public Health (BS), the students will have met the program competencies found at http://health.oregonstate.edu/degrees/competencies

COURSE CONTENT AND POLICIES:
Please view the H 225 Course Schedule for detailed information regarding topics, assignments, activities, and due dates.

Course Policies

Discussion Participation
Students are expected to participate in all graded discussions. While there is great flexibility in online courses, this is not a self-paced course. You will need to participate in our discussions on at least two different days each week.

Makeup Exams
Makeup exams will be given only for missed exams excused in advance by the instructor. Excused absences will not be given for airline reservations, routine illness (colds, flu, stomach aches), or other common ailments. Excused absences will generally not be given after the absence has occurred, except under very unusual circumstances.

Incompletes
Incomplete (I) grades will be granted only in emergency cases (usually only for a death in the family, major illness or injury, or birth of your child), and if the student has turned in 80% of the points possible (in other words, usually everything but the final paper). If you are having any difficulty that might prevent you completing the coursework, please don’t wait until the end of the term; let me know right away.

Diversity Statement
The College of Public Health and Human Sciences strives to create an affirming climate for all students including underrepresented and marginalized individuals and groups. Diversity encompasses differences in age, color, ethnicity, national origin, gender, physical or mental ability, religion, socioeconomic background, veteran status, sexual orientation, and marginalized groups. We believe diversity is the synergy, connection, acceptance, and mutual learning fostered by the interaction of different human characteristics.

Religious Holiday Statement
Oregon State University strives to respect all religious practices. If you have religious holidays that are in conflict with any of the requirements of this class, please see me immediately so that we can make alternative arrangements.
Accessibility of Course Materials
All materials used in this course are accessible [with the exception of two videos]. If you require accommodations please contact Disability Access Services (DAS). Additionally, Canvas, the learning management system through which this course is offered, provides a vendor statement certifying how the platform is accessible to students with disabilities.

Guidelines for a Productive and Effective Online Classroom
Students are expected to conduct themselves in the course (e.g., on discussion boards, email) in compliance with the university’s regulations regarding civility. Civility is an essential ingredient for academic discourse. All communications for this course should be conducted constructively, civilly, and respectfully. Differences in beliefs, opinions, and approaches are to be expected. In all you say and do for this course, be professional. Please bring any communications you believe to be in violation of this class policy to the attention of your instructor.

Active interaction with peers and your instructor is essential to success in this online course, paying particular attention to the following:

- Unless indicated otherwise, please complete the readings and view other instructional materials for each week before participating in the discussion board.

- Read your posts carefully before submitting them.

- Be respectful of others and their opinions, valuing diversity in backgrounds, abilities, and experiences.

- Challenging the ideas held by others is an integral aspect of critical thinking and the academic process. Please word your responses carefully, and recognize that others are expected to challenge your ideas. A positive atmosphere of healthy debate is encouraged.

EVALUATION OF STUDENT PERFORMANCE:
Course Components:

<table>
<thead>
<tr>
<th>Activity</th>
<th>Value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Activities</td>
<td>199</td>
</tr>
<tr>
<td>Quizzes</td>
<td>62</td>
</tr>
<tr>
<td>Discussions</td>
<td>80</td>
</tr>
<tr>
<td>Midterm Examination</td>
<td>53</td>
</tr>
<tr>
<td>Paper and Outline</td>
<td>200</td>
</tr>
<tr>
<td>Final Examination</td>
<td>75</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>669</strong></td>
</tr>
</tbody>
</table>
Evaluative Criteria

Quizzes
Students will have occasional reading quizzes. The quizzes cover the assigned readings up to that point in time.

Paper
Students will select a public health topic. The paper will present the various social and behavioral determinants influencing the chosen public health issue and apply theoretical concepts in discussing possible intervention/prevention strategies. Please see Module 1 for the requirements.

Discussion Forum
Please see the instructions for each Discussion Forum under Modules in Canvas.

Midterm Examination and Final Examination
The midterm exam will cover readings, the textbook, and PowerPoints. The final exam is comprehensive. Exams will include multiple-choice, true/false, matching, and a few short answer/fill-in-the-blank questions.

Grading Scale
Letter grades will be assigned by these standards:

<table>
<thead>
<tr>
<th>Letter</th>
<th>Percent</th>
<th>Scale</th>
<th>Interpretation</th>
</tr>
</thead>
<tbody>
<tr>
<td>A</td>
<td>94-100</td>
<td>4.0</td>
<td>Exceptional accomplishment. Exceeds expectations.</td>
</tr>
<tr>
<td>A-</td>
<td>90-93.9</td>
<td>3.7</td>
<td>Excellent performance.</td>
</tr>
<tr>
<td>B+</td>
<td>87-89.9</td>
<td>3.3</td>
<td>Very good performance.</td>
</tr>
<tr>
<td>B</td>
<td>83-86.9</td>
<td>3.0</td>
<td>Good performance</td>
</tr>
<tr>
<td>B-</td>
<td>80-82.9</td>
<td>2.7</td>
<td>Acceptable performance</td>
</tr>
<tr>
<td>C+</td>
<td>77-79.9</td>
<td>2.3</td>
<td></td>
</tr>
<tr>
<td>C</td>
<td>73-76.9</td>
<td>2.0</td>
<td>Passing</td>
</tr>
<tr>
<td>C-</td>
<td>70-72.9</td>
<td>1.7</td>
<td></td>
</tr>
<tr>
<td>D+</td>
<td>67-69.9</td>
<td>1.3</td>
<td>Below expectations</td>
</tr>
<tr>
<td>D</td>
<td>63-66.9</td>
<td>1.0</td>
<td>Inferior</td>
</tr>
<tr>
<td>D-</td>
<td>60-62.9</td>
<td>0.7</td>
<td>Unacceptable performance</td>
</tr>
<tr>
<td>F</td>
<td>&lt;60</td>
<td>0</td>
<td>Failure</td>
</tr>
</tbody>
</table>

COURSE SITE LOGIN INFORMATION
Information on how to login to your course site can be found HERE.

STATEMENT REGARDING STUDENTS WITH DISABILITIES
Oregon State University is committed to student success; however, we do not require students to use accommodations nor will we provide them unless they are requested by the student. The student, as a legal adult, is responsible to request appropriate
accommodations. The student must take the lead in applying to Disability Access Services (DAS) and submit requests for accommodations each term through DAS Online. OSU students apply to DAS and request accommodations at our Getting Started with DAS page.

Accommodations are collaborative efforts between students, faculty and Disability Access Services (DAS). Students with accommodations approved through DAS are responsible for contacting the faculty member in charge of the course prior to or during the first week of the term to discuss accommodations. Students who believe they are eligible for accommodations but who have not yet obtained approval through DAS should contact DAS immediately at 541-737-4098.

Additionally, Canvas, the learning management system through which this course is offered, provides a vendor statement certifying how the platform is accessible to students with disabilities.

**ACADEMIC INTEGRITY AND STUDENT CONDUCT (OSU POLICY)**

Students are expected to be honest and ethical in their academic work. Intentional acts of academic dishonesty such as cheating or plagiarism may be penalized by imposing an “F” grade in the course.

Student conduct is governed by the universities policies, as explained in the Office of the Dean of Student Life: Student Conduct and Community Standards. In an academic community, students and faculty, and staff each have responsibility for maintaining an appropriate learning environment, whether online or in the classroom. Students, faculty, and staff have the responsibility to treat each other with understanding, dignity, and respect.

Students are expected to conduct themselves in the course (e.g. on discussion boards, email postings, etc.) in compliance with the university’s regulations regarding civility. Students will be expected to treat all others with the same respect as they would want afforded to themselves. Disrespectful behavior (such as harassing behavior, personal insults, inappropriate language) or disruptive behaviors are unacceptable and can result in sanctions as defined by Student Conduct and Community Standards.

For more info on these topics please see:

- [Statement of Expectations for Student Conduct](#)
- [Student Conduct and Community Standards - Offenses](#)
- [Policy On Disruptive Behavior](#)
PLAGIARISM
You are expected to submit your own work in all your assignments, postings to the discussion board, and other communications, and to clearly give credit to the work of others when you use it. Academic dishonesty will result in a grade of “F.”

- Statement of Expectations for Student Conduct
- Avoiding Academic Dishonesty

TECHNICAL ASSISTANCE
If you experience computer difficulties, need help downloading a browser or plug-in, assistance logging into the course, or if you experience any errors or problems while in your online course, contact the OSU Help Desk for assistance. You can call (541) 737-3474, email osuhelpdesk@oregonstate.edu or visit the OSU Computer Helpdesk online.

- COURSE DEMO
- GETTING STARTED

TUTORING
For information about possible tutoring for this course, please visit our Ecampus NetTutor page. Other resources include:

- Writing Center
- Online Writing Lab

STUDENT EVALUATION OF TEACHING
The online Student Evaluation of Teaching form will be available in week 9 and close at the end of finals week. Students will be sent instructions via ONID by the Office of Academic Programs, Assessment, and Accreditation. Students will log in to “Student Online Services” to respond to the online questionnaire. The results on the form are anonymous and are not tabulated until after grades are posted. Course evaluation results are very important and are used to help improve courses and the learning experience of future students. Results from questions are tabulated anonymously and go directly to instructors and unit heads/supervisors. Unless a comment is “signed,” which will associate a name with a comment, student comments on the open-ended questions are anonymous and forwarded to each instructor. “Signed” comments are forwarded to the unit head/supervisor.

REFUND POLICY INFORMATION
Please see the Ecampus website for policy information on refunds and late fees.