NOTE to prospective students: This syllabus is intended to provide students who are considering taking this course an idea of what they will be learning. A more detailed syllabus will be available on the course site for enrolled students and may be more current than this sample syllabus. Summer term courses may be accelerated – please check the Ecampus Schedule of Classes for more information.

PSY 498/598

HEALTH PSYCHOLOGY

COURSE CREDITS:
(4) This course combines approximately 120 hours of instruction, online activities, and assignments for 4 credits.

PREREQUISITES, CO-REQUISITES AND ENFORCED PREREQUISITES:

PREREQS PSY 498: PSY 330 [D-] or PSY 340 [D-] or PSY 350 [D-] or PSY 360 [D-] or PSY 370 [D-] or PSY 381 [D-] or PSY 481 [D-]

PREREQS PSY 598: PREREQS: 300-level course in psychology.

COURSE DESCRIPTION FROM CATALOG

PSY 498. HEALTH PSYCHOLOGY (4).

Psychological factors in the maintenance of good health and in the prevention of, treatment of, and recovery from illness: Behavioral contributions to illness, lifestyle risk factors, stress and the immune system, psychological response to symptoms and care-givers, health habits and self-care, management of pain and chronic illness, disability and terminal illness. PREREQS: PSY 330 [D-] or PSY 340 [D-] or PSY 350 [D-] or PSY 360 [D-] or PSY 370 [D-] or PSY 381 [D-] or PSY 481 [D-]

CONTACT INFORMATION:

For more information, contact: SCHOOL OF PSYCHOLOGICAL SCIENCE OFFICE, REED LODGE, 541-737-2311

Sample syllabi may not have the most up-to-date information. For accuracy, please check the ECampus Schedule of Classes to see the most
LEARNING RESOURCES:
Textbooks, lab manuals, etc.; indicate if required or optional.

NOTE: For textbook accuracy, please always check the textbook list at the OSU Bookstore website. Sample syllabi may not have the most up-to-date information.

Students can also click the ‘OSU Beaver Store’ link associated with the course information in the Ecampus schedule of classes for course textbook information and ordering.

COURSE SPECIFIC MEASURABLE STUDENT LEARNING OUTCOMES:
For online (Ecampus) courses, student learning outcomes must be identical to those in the on-campus course, even though the mode of delivery and course content might differ.

Student learning outcomes are learner-focused statements reflecting what a student will be able to do as a result of an instructional activity. Each outcome statement should start with a measurable action verb that indicates the level of learning, followed by a precise description of the learned behavior, knowledge, or attitude. Bloom’s Taxonomy is a useful tool for choosing action verbs that accurately describe a desired level of student learning.

For example, an OSU faculty member will be able to:

- Identify an appropriate action verb from Bloom’s Taxonomy that describes a particular level of learning.
- Describe the desired behavior a student will be able to exhibit upon successful completion of a course.
- Assess students' performance for evidence of desired learning.

Slash (4xx/5xx) courses must have differentiated learning outcomes for graduate and undergraduate students (i.e. two separate sets of learning outcomes listed on the syllabus).

Baccalaureate Core, include category specific learning outcomes (verbatim) with course specific measurable student learning outcomes, as
well as an explanation of how these outcomes will be achieved and assessed. See http://oregonstate.edu/ctl/baccalaureate-core.

**COURSE CONTENT AND POLICIES:**

Include concise outline of topics and/or activities.

**EVALUATION OF STUDENT PERFORMANCE:**

In the OSU online catalog, refer to AR 18 and AR 19 regarding assignment of grades.

**COURSE SITE LOGIN INFORMATION**

Information on how to login to your course site can be found [HERE](http://oregonstate.edu/ctl/baccalaureate-core).

**STATEMENT REGARDING STUDENTS WITH DISABILITIES**

Oregon State University is committed to student success; however, we do not require students to use accommodations nor will we provide them unless they are requested by the student. The student, as a legal adult, is responsible to request appropriate accommodations. The student must take the lead in applying to Disability Access Services (DAS) and submit requests for accommodations each term through DAS Online. OSU students apply to DAS and request accommodations at our [Getting Started with DAS](http://oregonstate.edu/ctl/baccalaureate-core) page.

Accommodations are collaborative efforts between students, faculty and Disability Access Services (DAS). Students with accommodations approved through DAS are responsible for contacting the faculty member in charge of the course prior to or during the first week of the term to discuss accommodations. Students who believe they are eligible for accommodations but who have not yet obtained approval through DAS should contact DAS immediately at 541-737-4098.

**ACADEMIC INTEGRITY AND STUDENT CONDUCT (OSU POLICY)**

Students are expected to be honest and ethical in their academic work. Intentional acts of academic dishonesty such as cheating or plagiarism may be penalized by imposing an “F” grade in the course.
Student conduct is governed by the universities policies, as explained in the Office of the Dean of Student Life: Student Conduct and Community Standards. In an academic community, students and faculty, and staff each have responsibility for maintaining an appropriate learning environment, whether online or in the classroom. Students, faculty, and staff have the responsibility to treat each other with understanding, dignity, and respect.

Students are expected to conduct themselves in the course (e.g. on discussion boards, email postings, etc.) in compliance with the university's regulations regarding civility. Students will be expected to treat all others with the same respect as they would want afforded to themselves. Disrespectful behavior (such as harassing behavior, personal insults, inappropriate language) or disruptive behaviors are unacceptable and can result in sanctions as defined by Student Conduct and Community Standards.

For more info on these topics please see:
- Statement of Expectations for Student Conduct
- Student Conduct and Community Standards - Offenses
- Policy On Disruptive Behavior

PLAGIARISM
You are expected to submit your own work in all your assignments, postings to the discussion board, and other communications, and to clearly give credit to the work of others when you use it. Academic dishonesty will result in a grade of “F.”
- Statement of Expectations for Student Conduct
- Avoiding Academic Dishonesty

TECHNICAL ASSISTANCE
If you experience computer difficulties, need help downloading a browser or plug-in, assistance logging into the course, or if you experience any errors or problems while in your online course, contact the OSU Help Desk for assistance. You can call (541) 737-3474, email osuhelpdesk@oregonstate.edu or visit the OSU Computer Helpdesk online.
- COURSE DEMO
- GETTING STARTED

TUTORING
For information about possible tutoring for this course, please visit our Ecampus NetTutor page. Other resources include:
- Writing Center
Online Writing Lab

STUDENT EVALUATION OF TEACHING
The online Student Evaluation of Teaching form will be available in week 9 and close at the end of finals week. Students will be sent instructions via ONID by the Office of Academic Programs, Assessment, and Accreditation. Students will log in to “Student Online Services” to respond to the online questionnaire. The results on the form are anonymous and are not tabulated until after grades are posted. Course evaluation results are very important and are used to help improve courses and the learning experience of future students. Results from questions are tabulated anonymously and go directly to instructors and unit heads/supervisors. Unless a comment is “signed,” which will associate a name with a comment, student comments on the open-ended questions are anonymous and forwarded to each instructor. “Signed” comments are forwarded to the unit head/supervisor.

REFUND POLICY INFORMATION
Please see the Ecampus website for policy information on refunds and late fees.